



Town of Fort Mill Parks and Recreation Department Youth Basketball Rules

Playing Rules:

Official South Carolina High School League Rules will be used with local league exceptions.

If a participant is on a Middle or High School basketball roster they are not eligible to play in recreation basketball.

16-18 boys' basketball participants must be currently enrolled in high school to be eligible for recreation basketball.

Player Requirements:

When a team has between 7 and 10 players present; **everyone must play at least two quarters**. Teams may play with 4 players, but they must start with 5. Exceptions: Players, who are injured, foul out, disqualified, are out for disciplinary action, or are not present for the entire game may not meet the play requirements.

There will be mandatory Substitutions at the next dead ball around the four (4) minute mark of each quarter for the following age groups 7-8 Boys, 7-9 Boys, 9-10 Boys, 10-12 Girls, and 11-12 Boys. At that time each player on the bench must substitute in. This ensures each child will play the minimum play requirement. You can only substitute a player out due to disqualification (foul out) or injury. In 11-12 Boys only, the 4th quarter coaches will be able to substitute when they want but each child must still play half the game.

All player requirement rules must be met. The Player Requirement Rules will be in effect for all age divisions of our program.

Mouthpieces are recommended, but will not be mandatory for all games. The ADA recommends the use of mouth pieces for basketball. **Earrings, necklaces and any other type of jewelry are not allowed.** You cannot tape over any jewelry.

Timing rules:

The length of each quarter for all divisions, except 16-18, of play shall be 8 minutes, 16-18 will play 2 (two) 20 min halves. The clock shall run on violations and shall stop for time outs and any unusual delay in getting the ball in play. Should a shooting foul occur, the clock operator will momentarily stop the clock while players line-up for the foul shots. The clock will stop as in a regulation game on each whistle and be restarted as in a regular game the last 2 minutes of each half. Overtime periods shall be two (2) minutes in length and the clock shall stop on each whistle as it would in a SCHSL game.

In the 7-8 year old boys and 7-9 year old girls divisions, if there is no winner determined after first overtime period, the game will go to sudden death in the second overtime period with the team who scores first being declared the winner. If the game is still tied after the second two minute overtime, that

game will be declared a tie (regular season only). All other age groups will play out overtimes until a winner is determined.

Teams will be allowed 3 time outs per game. Any overtime will be an extension of the 4th period, and time outs may be carried over, i.e.-if a team has no time outs at the end of the 4th quarter and the game is tied, a team will get one additional time out for the overtime period.

Foul Shots

Common fouls (non-shooting) committed prior to the last two minutes of each half will not be shot. All fouls committed on a shooter (2 shot fouls and 1 shot following a successful goal) will be administered and the clock shall be stopped while the players line up for the foul shot. Common fouls and fouls committed on a shooter will be shot the last 2 minutes of each half, regardless of the number of team fouls. The common fouls will be shot as a one and one (bonus rule) the last 2 minutes of each half. All intentional and technical foul shots will be administered as they would in a regular game. The foul shot rule will apply to each division.

All Age groups must stay behind the free throw line while shooting free throws except for 7-8 boys and 7-9 girls they may start behind free throw line and while jumping cross the free throw line.

Defensive Rules

In the 7-8 year old boys and 7-9 year old girls divisions, there will be no pressing at any point in the game, but you will be able to pick up defense after the ball crosses half court.

The 9-10 Boys and 10-12 year old girls may full-court press during the last two minutes of each half and any overtime periods ONLY, besides that you will be able to pick up defense after the ball crosses half court.

The 11-12, 13-15 and 16-18 year old boys divisions may full-court press when they are either tied or losing by 10 or more points. If you are ahead by 10 or more points you cannot press but you can pick up defensive pressure at half court.

Unsportsmanlike Conduct

Any player or coach that receives 2 Technical fouls will be ejected from the game and serve a 1 game suspension for the following game.

If you receive 2 ejections throughout the season you will not be able to return as a player or coach, you will be expelled from the league.

Basketball Sizes

7-8 Boys, 7-9 Girls, 9-10 Boys, 10-12 Girls will be using Size 28.5 Basketball

11-12, 13-15 and 16-18 will be using a Size 30 Basketball